

## **DISCUSSION EXPECTATIONS**

Once a Marking Period, you will be required to participate in a discussion about your and your classmates' learning and improvements with your personal nutrition. Your postings will be evaluated using the rubric on the back of this page. Links to our discussions are posted on my website under "Nutrition Discussion".

### **Initial Posting**

Your response to my original post for this discussion topic should meet the expectations below:

- **Timeliness:** in order to earn a "4", you have approximately one week to make your initial posting.
- **Quality:** Your initial posting must be in complete sentences using proper conventions (spelling, punctuation, & grammar).
- **Thoughtfulness:** Your initial posting should clearly demonstrate that you have put time and thought into your response.
- **Quantity:** Your initial posting should be a minimum of 100 words.
- You must identify yourself by first name, last initial, and class period so you receive the credit you deserve.

### **Reply Postings**

Replies to your classmates' postings should meet the expectations below:

- **Timeliness:** in order to earn a "4", you have one week after the due date of your initial posting to make your replies.
- **Quality:** Your replies must be in complete sentences using proper conventions (spelling, punctuation, & grammar).
- **Thoughtfulness:** Your replies should clearly demonstrate that you have put time and thought into your response.
- **Length:** Your replies should be a minimum of 50 words. You should reply to a minimum of three postings by your classmates with no more than two on the same day.
- **Respectfulness:** All replies must be positive and respectful.
- You must identify yourself by first name, last initial, and class period.

### **Other Important Notes:**

- Discussions will only remain open for three weeks. Once it is closed, it is gone.
- Don't wait until the last minute for this assignment. As with any Internet site, there could be problems. Waiting until the last minute and the site is down, is not an excuse as you have had three weeks to get this done.
- If you have computer access problems, you are welcome to use the student computers in this room or request a pass to the library during your lunch or study hall.
- All due dates will be posted on my class calendar.
- Participation in these discussions is only for the two sections of Honors Nutrition.