

**NUTRITION: *Fitness for Life***

NAME \_\_\_\_\_

PERIOD \_\_\_\_\_

**SNAPSHOT OF AMERICA**  
***Group Poster Project***

After viewing “SNAPSHOT OF AMERICA”, discuss the message of this presentation with your group members. How important is good nutrition for health? Why is America facing a nutritional crisis now? What can we do to change the direction of our country?

**DIRECTIONS:** Design and create a poster with your group members to emphasize the message from “SNAPSHOT OF AMERICA” and encourage high school students to be concerned about good nutrition and their health. How can people be pushed to make a change?

**REQUIREMENTS:**

1. Slogan. Create an original slogan for your poster’s message.
2. Graphics. Include several graphics that relate to your slogan and your poster’s message. They can be pictures from magazines, hand drawn, or both.
3. Supporting Information. Include facts from the presentation that will support your poster’s message.
4. Suggestions for change. Include several suggestions a person can easily make for improving their nutrition and fitness.
5. Neatness / Attractiveness. Your poster should be neat, attractive, colorful, and eye-catching.
6. Work Ethic. Make good use of class time and make sure everyone in the group is participating.

**YOU WILL HAVE THE REMAINDER OF THIS CLASS PERIOD  
AND TWO MORE DAYS TO COMPLETE THIS PROJECT**

PERIOD \_\_\_\_\_



## Group Poster : SNAPSHOT OF AMERICA

NAME: \_\_\_\_\_

GROUP: \_\_\_\_\_

SLOGAN \_\_\_\_\_

CATEGORY	4	3	2	1	0
<b>SLOGAN</b>	Slogan is clever and related to the topic. It can be read from 6 ft. away and is quite creative.	Slogan is related to the topic. It can be read from 6 ft. away and describes content well.	Slogan is somewhat related to the topic and can be read from 4 ft. away and describes the content well.	Slogan is somewhat related to the topic and is too small and/or does not describe the content of the poster well.	There is no slogan.
<b>GRAPHICS</b>	There are a more than ten graphics covering the poster and all graphics are related to the topic and make the message easier to understand.	There are ten graphics covering most of the poster and most are related to the topic and most make the message easier to understand.	There are less than ten graphics and some empty spaces. More graphics should have been included on the poster that relate to the topic.	There are very few graphics and/or they do not relate to the topic	There are no appropriate graphics.
<b>SUPPORTING INFORMATION</b>	There are more than 10 facts and all relate to the topic and support the message.	There are 10 facts and/or some do not relate to the topic and support the message.	There are less than 10 facts and/or many do not relate to the topic and support the message.	There are very few facts from the presentation. Few, if any, relate to the topic and support the message.	There are no facts.
<b>SUGGESTIONS FOR CHANGE</b>	There are more than 5 suggestions to help teens change their eating habits.	There are 5 suggestions for teens to change their eating habits.	There are less than 5 suggestions for teens to change their eating habits.	There are very few suggestions to help teens to change their eating habits.	There are no suggestions.
<b>ATTRACTIVENESS</b>	The poster is exceptionally attractive in terms of design, layout, and neatness.	The poster is attractive in terms of design, layout and neatness.	The poster is acceptably attractive though it may be a bit messy.	The poster is distractingly messy or very poorly designed. It is not attractive.	The poster is extremely messy and cannot be read.
<b>WORK ETHIC</b>	Used time well during each class period. Focused on getting the project done. Never distracted others.	Used time well during each class period. Usually focused on getting the project done and never distracted others.	Used some of the time well during each class period. There was some focus on getting the project done but occasionally distracted others.	Did not use class time to focus on the project OR often distracted others.	Did not participate in this project.