

# Neshaminy School District

## Allergy and Anaphylaxis Emergency Plan

Child's name: \_\_\_\_\_ Date of plan: \_\_\_\_\_

Date of birth: \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_ Weight: \_\_\_\_\_ kg

Child has allergy to \_\_\_\_\_

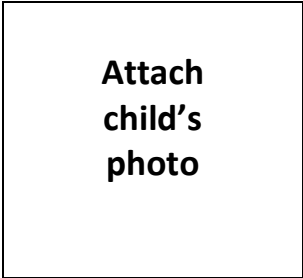
Child has asthma.  Yes  No (If yes, higher chance severe reaction)

Child has had anaphylaxis.  Yes  No

Child may carry epinephrine.  Yes  No

Child may give him/herself epinephrine.  Yes  No (If child refuses/is unable to self-treat, an adult must give medicine)

**IMPORTANT:** In the absence of a nurse, epinephrine will be administered and 911 will be called.



<p><b>For Severe Allergy and Anaphylaxis</b> Anaphylaxis is a potentially life-threatening, severe allergic reaction. If in doubt, give epinephrine.</p> <p style="text-align: center;"><b>→</b></p> <p><b>What to look for:</b> If child has ANY of these severe symptoms after eating the food or having a sting, give epinephrine.</p> <ul style="list-style-type: none"> <li>• Shortness of breath, wheezing, or coughing</li> <li>• Skin color is pale or has a bluish color</li> <li>• Weak pulse</li> <li>• Fainting or dizziness</li> <li>• Tight or hoarse throat</li> <li>• Trouble breathing or swallowing</li> <li>• Swelling of lips or tongue that bother breathing</li> <li>• Vomiting or diarrhea (if severe or combined with other symptoms)</li> <li>• Many hives or redness over body</li> <li>• Feeling of "doom," confusion, altered consciousness, or agitation</li> </ul>	<p><b>Give epinephrine!</b> <b>What to do:</b></p> <ol style="list-style-type: none"> <li>1. Inject epinephrine right away! Note time when epinephrine was given.</li> <li>2. Call 911.             <ul style="list-style-type: none"> <li>• Ask for ambulance with epinephrine.</li> <li>• Tell rescue squad when epinephrine was given.</li> </ul> </li> <li>3. Stay with child and:             <ul style="list-style-type: none"> <li>• Call parents and child's doctor.</li> <li>• Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.</li> <li>• Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side.</li> </ul> </li> <li>4. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.             <ul style="list-style-type: none"> <li>• Antihistamine</li> <li>• Inhaler/bronchodilator</li> </ul> </li> </ol>
<ul style="list-style-type: none"> <li>○ <b>SPECIAL SITUATION:</b> If this bullet is checked, child has an extremely severe allergy to an insect sting or the following food(s): _____.</li> </ul>	<p><b>IMPORTANT:</b> In the absence of a nurse, epinephrine will be administered for allergic reactions and 911 will be called.</p>
<p><b>For Mild Allergic Reaction</b></p> <p style="text-align: center;"><b>→</b></p> <p><b>What to look for:</b> If child has had any mild symptoms, monitor child. Symptoms may include:</p> <ul style="list-style-type: none"> <li>• Itchy nose, sneezing, itchy mouth</li> <li>• A few hives</li> <li>• Mild stomach nausea or discomfort</li> </ul>	<p><b>Monitor child</b> <b>What to do:</b> Stay with child and</p> <ul style="list-style-type: none"> <li>• Watch child closely.</li> <li>• Give antihistamine (if prescribed).</li> <li>• Call parents and child's doctor.</li> <li>• If more than 1 symptom or symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See "For Severe Allergy and Anaphylaxis.")</li> </ul>

