Research Assignment and Study

* Choose a topic and prepare a power point presentation to include “most” of the following details. Focus on the information that pertains to your chosen topic. This is an individual project.
  + ***Minimum of 10 slides, excluding cover slide and conclusion***
  + ***Minimum of 10 graphics representing topic***
  + ***Definition/Explanation of topic***
  + *Causes and effects of nutritional intake on chosen topic*
  + *Health risks associated with foods*
  + *Effects on body*
  + *Symptoms, Preventions, Treatments of disease*
  + *Contributing environmental factors of disease*
  + *History and prevalence of disease*
  + *Effects on health care system*
  + *How has advertising contributed to changing trends in food consumption*
  + *What is an appropriate diet?*
  + *Examine health risks of consuming too much*

*or too little of nutrients*

* + *Where are nutrients found and how are they*

*used in the body*

* + *Heredity or mental health contributing factors*
  + *Lifestyle choices (smoking, drinking, poor diet, lack of exercise)*
  + *What age groups, sex, or ethnic backgrounds are prone to certain food related diseases*
  + *Absorption and storage of nutrients*
  + *Recommended Daily Intake of Nutrients*