Research Assignment and Study

* Choose a topic and prepare a power point presentation to include “most” of the following details. Focus on the information that pertains to your chosen topic. This is an individual project.
	+ ***Minimum of 10 slides, excluding cover slide and conclusion***
	+ ***Minimum of 10 graphics representing topic***
	+ ***Definition/Explanation of topic***
	+ *Causes and effects of nutritional intake on chosen topic*
	+ *Health risks associated with foods*
	+ *Effects on body*
	+ *Symptoms, Preventions, Treatments of disease*
	+ *Contributing environmental factors of disease*
	+ *History and prevalence of disease*
	+ *Effects on health care system*
	+ *How has advertising contributed to changing trends in food consumption*
	+ *What is an appropriate diet?*
	+ *Examine health risks of consuming too much*

 *or too little of nutrients*

* + *Where are nutrients found and how are they*

 *used in the body*

* + *Heredity or mental health contributing factors*
	+ *Lifestyle choices (smoking, drinking, poor diet, lack of exercise)*
	+ *What age groups, sex, or ethnic backgrounds are prone to certain food related diseases*
	+ *Absorption and storage of nutrients*
	+ *Recommended Daily Intake of Nutrients*