**Microwave Egg & Cheese Breakfast Burrito**

Prep Time: 2 minutes

Cook Time: 45-60 seconds

Servings: 1 serving

**Ingredients**

|  |  |
| --- | --- |
| 1 | flour tortilla (6-inch) |
| 1 | egg |
| 1 | Tbsp. shredded Mexican cheese blend |
| 1 | Tbsp. salsa |

**Directions**

|  |  |
| --- | --- |
|  | **LINE** a 2-cup microwave-safe cereal bowl with microwave-safe paper towel.  **PRESS** tortilla into bowl.  **BREAK** egg into center of tortilla.  **BEAT** egg gently with a fork until blended, being careful not to tear tortilla. |
|  | **MICROWAVE** on HIGH 30 seconds; stir.  **MICROWAVE** until egg is almost set, 15 to 30 seconds longer. |
|  | **REMOVE** tortilla with paper towel liner from bowl to flat surface.  **TOP** egg with cheese and salsa.  **FOLD** bottom of tortilla over egg, then fold in sides. |