HONORS NUTRITION AND DIETETICS: Fitness for Life
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Name _		
Period		

WRITTEN NUTRITION ARTICLE ANALYSIS

EXPECTATIONS: Twice each marking period, you are expected to read and respond to an article focused on nutrition. Suggested articles are posted on the website or you can ask for a printed copy. You can also find your own article, but a copy of the article must be included with your written analysis. All articles must relate to the current unit we are studying in class.

ARTICLE LENGTH: The length of the article doesn't matter, but it needs to contain enough information so you can meet the requirements for the assignment.

SUBMISSION: Article analyses are due anytime, but no later than one week before the end of the IPR period and each marking period. Late work will not be accepted after the last day of the marking period. Analyses can be submitted electronically, but make sure you receive an email from me letting you know I received it.

WRITTEN ANALYSIS DIRECTIONS: Analyses must be typed, double-spaced, 12 pt font, 1-inch margins, and approximately 500 words (1 ½ to 2 pages). Following these directions and conventions count.

SUMMARY: Briefly summarize the article in the opening paragraph. What was the author's point? The summary should be 4-5 sentences.

MAIN INFORMATION: What were the main points of the article? How did the author defend his/her position? What information and research was presented?

FACTS / OPINIONS: What facts did the author present to support the topic of the article? What opinions were presented? Is the author credible? Can the information be trusted?

YOUR THOUGHTS: In the final paragraph, reflect and explain what you have learned from reading this article. What connections can you make from the article, your life, and our lessons in class? What was surprising information? What will you take with you that will influence your life?

POINTS / **GRADING:** Each article analysis is graded on a 4-point scale according to the rubric on the back of this page and will be weighted.