2.1 Introduction

The fall of the Roman Empire in 476 C.E. marks the beginning of the period in Europe known as the Middle Ages. In this chapter, you will learn about a political and economic system that developed during the Middle Ages.

Historians divide the Middle Ages into three periods. The Early Middle Ages lasted from about 476 to 1000 C.E. The High Middle Ages lasted from about 1000 to 1300. The Late Middle Ages lasted from about 1300 to 1450.

The Early Middle Ages began with the fall of Rome. The Roman Empire had unified much of Europe for about 500 years. After the empire collapsed, life was dangerous and difficult in Western Europe. People worked hard simply to survive and to have enough to eat. They also needed to protect themselves from conquest by invading barbarians and neighboring kingdoms.

These challenges gave rise to the economic and political system historians call feudalism (FEWD-ahl-ism). In the feudal system, people pledged loyalty to a lord—a ruler or powerful landholder. In return, they received protection from that lord. Warriors fought on behalf of their lords. Peasants worked the land. At the bottom of the system were serfs, peasants who were not free to leave the lord’s land without permission.

In this chapter, you will learn more about the difficulties people faced during the Early Middle Ages. Then you will learn about the rise of feudalism and how it helped to establish order and security after the fall of Rome. Finally, you will explore what daily life was like for people living under feudalism.

2.2 Western Europe During the Middle Ages

For 500 years, much of Europe was part of the Roman Empire. The rest of the continent was controlled by groups of people the Romans called “barbarians” because they did not follow Roman ways. When Rome fell to invading barbarians in 476 C.E., Europe was left with no central government or system of defense. Many invading groups set up kingdoms throughout Western Europe. These kingdoms were often at war with one another. The most powerful rulers were those who controlled the most land and had the best warriors.

Charlemagne’s Empire One powerful group during this time was the Franks (from whom modern-day France takes its name). The Franks were successful because they had developed a new style of warfare. It depended on troops of knights, heavily armed warriors who fought on horseback. To get and hold power, a ruler needed the services and loyalty of many knights. In return for their loyalty and service, the ruler rewarded knights with land and privileges.

One of the early leaders of the Franks was an ambitious young warrior named Clovis. In 481 C.E., at the age of 15, Clovis became leader of the Franks. Five years later, he defeated the last great Roman army in Gaul at Soissons. During his 30-year reign, he led the Franks in wars that greatly extended the boundaries of the Frankish kingdom.

Clovis also helped lead the Franks into Christianity. Clovis married a Christian woman, Clotildia, and eventually was baptized into the Roman Catholic Church. Many of his followers became Christians, as well.

The most important leader of the Franks was Charlemagne (SHAR-luh-main), which means "Charles the Great." This impressive king ruled for over 40 years, from 768 to 814. Writings from that period say that he was six feet
four inches tall—extremely tall for his time—and “always stately and dignified.” Legend has it that he read very little and couldn’t write, yet he loved to have scholarly works read to him.

He encouraged education and scholarship, making his court a center of culture. Most important, he unified nearly all the Christian lands of Europe into a single empire. One of the poets at his court called him the “King Father of Europe.”

Charlemagne built his empire with the help of a pope—Leo III, the leader of the Roman Catholic Church. The Church was a central part of society during this time. For Charlemagne, the blessing of the Church sent the message, “God is on my side.” For his part, Leo needed the support of someone with an army. In return for Charlemagne’s help, the pope crowned him Holy Roman emperor in 800 C.E.

Charlemagne’s empire survived many attacks. After his death in 814, however, it quickly fell apart. The weak rulers who followed him could not defend the empire against new waves of invasions. Still, these kings helped prepare the way for the system of feudalism by following Charlemagne’s example of rewarding knights with land and privileges in return for military service.

**A Need for Order and Protection** In the 9th and 10th centuries, Western Europe was threatened by three main groups. Muslims, or the followers of the religion of Islam, advanced from the Middle East and northern Africa into what is now Spain. The Magyars, a central Asian people, pressed in from the east. Vikings swept down from present-day Norway and Denmark.

The Vikings were fierce warriors who struck fear in the people of Europe. At times, the Vikings' intent was to set up colonies. But they were well known for their terrifying raids on towns and religious centers. Picture a Viking attack. The people of the town are at early morning church services when an alarm bell starts to peal. Vikings! Long, shallow wooden boats have brought the Vikings close to shore. Now they leave their boats and run toward the town with swords and axes raised over their heads. People are running in all directions. Several villagers who try to resist are killed. Others are seized by the Viking raiders and taken back to the ships.

Clearly, the people of Western Europe needed to figure out new ways to defend themselves. To protect themselves and their property, they gradually developed the system we call feudalism. Let’s find out how it worked.

### 2.3 Feudalism: Establishing Order

By the High Middle Ages (about 1000 C.E.), Europeans had developed the system of feudalism. Feudalism provided people with protection and safety by establishing a stable social order.

Under this system, people were bound to one another by promises of loyalty. In theory, all the land in the kingdom belonged to the monarch (usually a king, but sometimes a queen). A great deal of land was also owned by the Church. The king kept some land for himself and gave **fiefs** (FEEFS), or land grants, to his most important lords, who became his vassals. In return, each lord promised to supply the king with knights in times of war. A lord then enlisted lesser lords and knights as his vassals. Often, these arrangements were written down. Many of these contracts **survive** to this day in museums.
At the bottom of the social system were peasants. Lords rented some of their land to the peasants who worked for them. However, some peasants, called serfs, were “tied” to the land they worked. They could not leave the lord’s land without permission, and they had to farm his fields in exchange for a small plot of their own.

Most lords and wealthier knights lived on manors, or large estates. A manor included a castle or manor house, one or more villages, and the surrounding farmland. Manors were in the country, far from towns. That meant the peasants had to produce everything the people on the manor needed. Only a few goods came from outside the manor, such as salt for preserving meat and iron for making tools.

During the Middle Ages, people were born into a social class for life. They had the same social position, and often the same job, as their parents. Let’s take a closer look at the social classes in feudal society.

2.4 Monarchs During Feudal Times

At the very top of feudal society were the monarchs, or kings and queens. As you have learned, medieval monarchs were also feudal lords. They were expected to keep order and to provide protection for their vassals.

Most medieval monarchs believed in the divine right of kings, the idea that God had given them the right to rule. In reality, the power of monarchs varied greatly. Some had to work hard to maintain control of their kingdoms. Few had enough wealth to keep their own armies. They had to rely on their vassals, especially nobles, to provide enough knights and soldiers. In some places, especially during the Early Middle Ages, great lords grew very powerful and governed their fiefs as independent states. In these cases, the monarch was little more than a figurehead, a symbolic ruler who had little real power.

In England, monarchs became quite strong during the Middle Ages. Since the Roman period, a number of groups from the continent, including Vikings, had invaded and settled England. By the mid-11th century, it was ruled by a Germanic tribe called the Saxons. The king at that time was descended from both Saxon and Norman (French) families. When he died without an adult heir, there was confusion over who should become king.

William, the powerful Duke of Normandy (a part of present-day France), believed he had the right to the English throne. However, the English crowned his cousin, Harold. In 1066, William and his army invaded England. William defeated Harold at the Battle of Hastings and established a line of Norman kings in England. His triumph earned him the nickname “William the Conqueror.”

When William of Normandy conquered England, he brought feudal institutions from Europe with him. Supported by feudalism, strong rulers brought order to England. In fact, by the start of the High Middle Ages, around 1000 C.E., the feudal system had brought stability to much of Europe.

2.5 Lords and Ladies During Feudal Times

Like monarchs, lords and ladies were members of the nobility, the highest-ranking class in medieval society. Most of them lived on manors. Some lords had one manor, while others had several. Those who had more than one manor usually lived in one for a few months and then traveled with their families to another.
Manor Houses and Castles  Many of the people on a manor lived with the lord’s family in the manor house. Built of wood or stone, manor houses were surrounded by gardens and outbuildings, such as kitchens and stables. They were protected by high walls.

The manor house was the center of the community. In times of trouble, villagers entered its walls for protection. Its great hall served as the lord’s court. It was also a place for special celebrations and feasts, such as those given at Christmas or after a harvest.

Kings and queens, high-ranking nobles, and wealthy lords lived in even grander structures: castles. Castles were built for many purposes. One of a castle’s main functions was to serve as a home. Castles were also one of the most important forms of military technology. With their moats, strong walls, and gates, they were built for defense. Finally, their large size and central locations made castles visual reminders of the social hierarchy and the power of the ruling classes.

The earliest medieval castles were built of wood and surrounded by high wooden fences. The strongest part, the motte, was built on a hilltop. A walled path linked the motte to a lower enclosed court, the bailey, where most people lived. After about 1100 C.E., most castles were built of stone to resist attacks by more powerful siege weapons.

Castles gradually became more elaborate. Many had tall towers for looking out across the land. The main castle building had a variety of rooms, including storerooms, kitchens, a library, a dining hall, sleeping quarters for distinguished guests, and the lord and lady’s quarters.

2.6  Knights During Feudal Times

Knights were the mounted soldiers of the medieval world. In general, knights had to have a good deal of wealth, since a full suit of armor and a horse cost a small fortune. Knights were usually vassals of more powerful lords.

Becoming a Knight  The path to becoming a knight involved many years of training. A boy started as a page, or servant. At the age of seven, he left home and went to live at the castle of a lord, who was often a relative. Nearly all wealthy lords had several pages living in their castles and manors. A page learned how to ride a horse and received religious instruction from the local priest or friar.

During this first stage of training, pages spent much of their time with the ladies of the castle. They were expected to help the ladies in every way possible. During this period, the ladies taught pages how to sing, dance, compose music, and play the harp. These skills were valued in knights.

After about seven years as a page, a young boy became a squire. During this part of his training, he spent most of his time with the knight who was his lord. He polished the knight’s armor, sword, shield, and lance. He helped care for his horse. He even waited on him at mealtime, carrying water for hand washing, carving meat, and filling his cup when it was empty.

Most importantly, squires trained to become warriors. They learned how to fight with a sword and a lance, a kind of spear that measured up to 15 feet long. They also learned how to use a battle-axe and a mace (a club with a heavy metal head). They practiced by fighting in make-believe battles. But squires also went into real battles. A squire
was expected to help dress his lord in armor, care for his weapons and horses, follow him into battle, and look after him if he was wounded.

In his early 20s, if deserving of the honor, a squire became a knight. Becoming a knight could be a complex religious event. A squire often spent the night before his knighting ceremony in prayer. The next morning, he bathed and put on a white tunic, or long shirt, to show his purity.

During the ceremony, he knelt before his lord and said his vows. The lord drew his sword, touched the knight-to-be lightly on each shoulder with the flat side of the blade, and knighted him. Sometimes, if a squire did particularly well in battle, he was knighted on the spot.

**The Responsibilities and Daily Life of Knights** Being a knight was more than a profession. It was a way of life. Knights lived by a strong code of behavior called chivalry. (*Chivalry* comes from the French word *cheval*, meaning “horse.”) Knights were expected to be loyal to the Church and to their lord, to be just and fair, and to protect the helpless. They performed acts of gallantry, or respect paid to women. From these acts, we get the modern idea of chivalry as traditional forms of courtesy and kindness toward women.

Jousts and tournaments were a major part of a knight’s life. In a joust, two armed knights on horseback galloped at each other with their lances extended. The idea was to unseat the opponent from his horse. Jousts were held as sporting events, for exercise, or as serious battles between rival knights. A tournament involved a team of knights in one-on-one battle.

Knights fought wearing heavy suits of armor. In the 11th century, armor was made of linked metal rings, called chain mail. By the 14th century, plate armor was more common and offered better protection.

The medieval style of knighthood lasted until about the 17th century, when warfare changed with the growing use of gunpowder and cannons. Knights, who fought one-to-one on horseback, were no longer effective against such weapons.

But knights were only a small group in medieval society. Next, let’s turn to daily life for the vast majority of the population: the peasants.

### 2.7 Peasants During Feudal Times

Most people during the Middle Ages were peasants. They were not part of the feudal relationship of vassal and lord, but they supported the entire feudal structure by working the land. Their labor freed lords and knights to spend their time preparing for war or fighting.

During medieval times, peasants were legally classified as free or unfree. These categories had to do with the amount of service owed to the lord. Free peasants rented land to farm and owed only their rent to the lord. Unfree peasants, or serfs, farmed the lord’s fields and could not leave the lord’s manor. In return for their labor, they received their own small plot of land to farm.
The daily life of peasants revolved around work. Most peasants raised crops and tended livestock (farm animals). But every manor also had carpenters, shoemakers, smiths (metalworkers), and other skilled workers. Peasant women worked in the fields when they were needed. They also cared for their children, their homes, and livestock.

Along with the work they performed, peasants and serfs might owe the lord numerous taxes. There was a yearly payment called “head money,” at a fixed amount per person. The lord could demand a tax, known as tallage, whenever he needed money. When a woman married, she, her father, or her husband had to pay a fee called a merchet.

Peasants were also required to grind their grain at the lord’s mill (the only mill on the manor). As payment, the miller kept portions of the grain for the lord and for himself. Lords could keep any amount they wanted. Peasants found this practice so hateful that some of them hid small handmills in their houses.

Most peasants lived in small, simple houses of one or two rooms. A typical house was made of woven strips of wood covered with straw or mud. Peasants had little furniture or other possessions. There was a hearth fire in the middle of the main room, but often there was no chimney, so it was dark and smoky inside. An entire family might eat and sleep in one room that sometimes also housed their farm animals.

Peasants ate vegetables, meat such as pork, and dark, coarse bread made of wheat mixed with rye or oatmeal. Almost no one ate beef or chicken. During the winter, they ate pork, mutton, or fish that had been preserved in salt. Herbs were used widely, to improve flavor and reduce saltiness, or to disguise the taste of meat that was no longer fresh.

Knights in a joust tried to knock each other off their horses.
SUMMARY

In this chapter, you learned about life during feudal times. The fall of the Roman Empire led to a period of uncertainty and danger. Europeans developed the system of feudalism to help provide economic and social stability and safety.

Feudalism  The feudal system arose as a way of protecting property and creating stability. It was based on loyalty and personal relationships. Monarchs gave fiefs to lords, their most important vassals. In exchange, vassals promised to supply monarchs with soldiers in war.

Monarchs and Lords  At the top of the feudal social structure was the monarch. Below the monarch were his vassals, the lords, or nobles. Monarchs and nobles oversaw their lands and the people who worked them. They lived in manor houses or castles.

Knights and Peasants  Below the lords were the knights, heavily armored warriors on horseback who provided service in war in return for land and protection. At the bottom of the social hierarchy were free peasants and then serfs. Serfs were peasants bound to the land. Peasants farmed the land and made most of the necessary articles of life.