



MAPLE POINT

FOOTBALL

INFORMATIONAL PACKET





Dear Players and Parents/Guardians,

We would like to welcome the newcomers to our program and welcome back our returning players. Maple Point has a strong tradition in football and we are looking forward to another fine season.

For those who are not familiar with our program, we would like to take a moment to emphasize our philosophy.

The Maple Point coaches will help the players learn the game of football and teach the players how to try to do their best to be successful. Many of the lessons learned on the field can be applied off the field, and players grow both physically and emotionally so by the end of the season we feel that being a part of our program is a win-win situation.

There are 2 different teams that your student/athlete can become a member of:

*110 football- 7th & 8th graders who weigh 120 lbs and under, with equipment (not including helmet and shoulder pads).

*<u>Heavyweight football</u>- 7th & 8th graders who weigh over 120 lbs with equipment.

<u>NOTE</u>: These teams are NOT considered Varsity or JV. For safety Reasons, they are strictly based on body weight and not athletic Ability.

We will attempt to hand out equipment some time near the end of August prior to the beginning of the school year so that we can start practice on the *first day* of school this fall. A letter will be mailed home as soon as we can set up that date.

Thank you and we're looking forward to a great season!

If you have any questions, please feel free to contact me at:

The following pages *MUST* be completed and turned in before the first practice!

1. <u>Team Rules</u>

2. PIAA Physical form

Note to Parents:

Please have your child's physical scheduled ASAP (June, July or August). Too many players schedule it for the 1st week of school and miss the 1st week of practice.

Thank you in advance and have a great summer.

Note to Players:

DON'T wait until September to start training. Just by doing regular workouts of running, pushups, sit ups and stretching, you'll be ready for the season which starts *the first day* of school!!

Maple Point Football

Team Rules

These team rules have been established to insure safety and fairness within the team and to hold the players accountable for their actions.

NO DRUGS!! This includes tobacco, alcohol, marijuana, etc. Not only is this against Neshaminy School District policy, it's just plain stupid and there is NO room on our team for poor decision makers. This is your only warning so don't expect a second chance. If caught using drugs in school **or** out of school ... **your season just ended**.

*Note: Prescription drugs do not fall into this category

BEHAVIOR IN SCHOOL: You represent the coaches as well as the other players on your team. By causing trouble, you not only disrespect your teachers, administrators and classmates, you disrespect yourself and our program by bringing negative attention to yourself as a member of the Maple Point football team. Remember, we teach in the building so we hear everything that goes on. If you can't control yourself in school, we'll work on that during practice. If you have one ISS then you will be suspended for the next game, second ISS and you're off the team.

GOOD GRADES: Football is *NOT* more important than your education. Stay on top of your class work, homework and tests. We will be checking with your teachers and getting updates. *PIAA rules state that if you are failing 3 classes, you are ineligible for that upcoming week.* Never get to that point. Let your teacher or us know if you need help in a certain area.

*Asking for help shows character and a desire to improve. These are <u>good</u> qualities to have.

ATTENDANCE AT PRACTICE: If you must miss a practice, please give us a note signed by a parent *before* that practice and it will be considered excused. If you miss two practices in one week, excused or unexcused, you don't play in the game that week. Please try to schedule appointments so that there is as little interference as possible. Thanks. *Note: A detention after school with a teacher or administrator does not count as an excused absence!*

Please review these rules and sign below stating that you understand them.

Player (please print)

Signature

Parent/Guardian (please print)

Signature