**Goal Setting Letter to Yourself**

**4 3 2 1**

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| **Attainable/Realistic Goals** | Three goals from three different categories are clearly stated and they are able to be met within the next four months. | Three goals from three different categories are stated but a little vague in their description, but they are able to be met within the next four months. | At least two goals from two different categories are clearly stated and they are able to be met within the next four months. | Only one or two goals are stated, they are unclear, and they’re unlikely to be met within the next four months. |
| **Steps to Follow** | A clear and reasonable path is chosen for each goal that the student can easily follow. | A clear and reasonable path is chosen for at least two goals that the student can easily follow; one plan is a little vague and therefore may be hard to follow. | A clear and reasonable path is chosen for one goal that the student can easily follow; the other two plans are a little vague and therefore may be hard to follow. | A relatively reasonable path is chosen for one goal that the student can easily follow; the other two plans were either not explained or were too difficult to follow. |

**Total:\_\_\_\_\_/8 Points**