

# Keystone Point-of-Service

POS \$15-\$25/\$250



## Neshaminy

Keystone Point-of-Service lets you maintain freedom of choice by allowing you to select your own doctors and hospitals. You maximize your coverage by having care provided or referred by your primary care physician (PCP). Of course, with Keystone Point-of-Service, you have the freedom to self-refer your care either to a Keystone participating provider or to providers who do not participate in our network; however, higher out-of-pocket costs apply. This program may not cover all your health care services.

To get the most out of your benefits program, below are some key terms that you will need to understand.

- **Referral** - Documentation from your PCP authorizing care at a participating specialist for covered services.
- **Preapproval/Precertification** - Approval from Independence Blue Cross (IBC) for non emergency or elective hospital admissions and procedures prior to the admission or procedure. For in-network (referred) services, your participating provider will contact IBC for authorization. For out-of-network (self-referred) services, you are responsible for obtaining approval for certain services. For more information on the services requiring precertification, please refer to the back page of this summary.
- **Designated site** - PCPs are required to choose one radiology, physical therapy, occupational therapy and laboratory provider where they will send all their Keystone members. You can view the sites selected by your PCP at [www.ibx.com](http://www.ibx.com).

Your Member Handbook will provide additional details about your benefits program. It will include information about exclusions and benefits limitations. It is important to note that this program may not cover all your health care services. Services may not be covered because they are not included under your benefits contract, not medically necessary, or limited by a benefit maximum (e.g., visit limit). After reviewing this information, please contact our Customer Service department if you have additional questions.

| Benefit  | Referred                   | Self-Referred <sup>1</sup> |
|--|----------------------------|----------------------------|
| <b>BENEFIT PERIOD</b>                          | Calendar Year <sup>2</sup> | Calendar Year <sup>2</sup> |
| <b>DEDUCTIBLE</b>                              |                            |                            |
| Individual                                     | \$0                        | \$1,000                    |
| Family   | \$0                        | \$3,000                    |
| <b>OUT-OF-POCKET MAXIMUM<sup>3</sup></b>       |                            |                            |
| Individual                                     | \$3,500                    | \$10,000 <sup>4</sup>      |
| Family   | \$7,000                    | \$30,000 <sup>4</sup>      |
| <b>LIFETIME MAXIMUM</b>                        | Unlimited                  | Unlimited                  |
| <b>DOCTOR'S OFFICE VISITS</b>                  |                            |                            |
| Primary Care Services                          | \$15 copayment             | 50%, after deductible      |
| Specialist Services                            | \$25 copayment             | 50%, after deductible      |
| <b>PREVENTIVE CARE FOR ADULTS AND CHILDREN</b> | 100%                       | 50%, no deductible         |

- 1 Out-of-Network providers may bill you the difference between the plan allowance, which is the amount paid by the plan, and the provider's actual charge. This amount may be significant.
- 2 A calendar year benefit period begins on January 1 and ends on December 31. The deductible and out-of-pocket maximum starts at \$0 at the beginning of each calendar year on January 1.
- 3 In-network out-of-pocket maximum includes copayments, coinsurance and deductible. Out-of-network out-of-pocket maximum includes coinsurance only.
- 4 Copayments, coinsurance and deductible applied to self-referred participating providers will accumulate toward the referred/in-network out-of-pocket maximum.

To receive maximum benefits, services must be provided or referred by your Keystone Primary Care Physician. This is a highlight of benefits available. The benefits and exclusions for Referred Care and Self-Referred Care are not the same. All benefits are provided in accordance with the HMO group contract and self-referred benefit booklet/certificate.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations

Referred benefits are underwritten or administered by Keystone Health Plan East;  
Self-Referred benefits are underwritten or administered by QCC Insurance Company, subsidiaries of Independence Blue Cross-  
independent licensees of the Blue Cross and Blue Shield Association.

[www.ibx.com](http://www.ibx.com)

| Benefit   | Referred  | Self-Referred <sup>1</sup>                                       |
|---|---|--|
| <b>PEDIATRIC IMMUNIZATIONS</b>  | 100%  | 50%, no deductible   |
| <b>ROUTINE EYE EXAM</b><br><i>(once every two years)</i>  | \$25 copayment                                    | not covered  |
| <b>ROUTINE GYNECOLOGICAL EXAM/PAP</b><br><i>1 per year for women of any age (no referral required)</i>          | 100%  | 50%, no deductible   |
| <b>MAMMOGRAM (no referral required)</b>   | 100%  | 50%, no deductible   |
| <b>NUTRITION COUNSELING FOR WEIGHT MANAGEMENT</b><br><i>6 visits per year</i>                                   | 100%  | 50%, after deductible  |
| <b>OUTPATIENT LABORATORY/PATHOLOGY</b>  | 100%  | 50%, after deductible  |
| <b>MATERNITY</b>  |   |  |
| First OB visit  | \$25 copayment                                    | 50%, after deductible  |
| Hospital  | \$250 copayment per admission <sup>5</sup>        | 50%, after deductible <sup>6</sup>                               |
| <b>INPATIENT HOSPITAL SERVICES</b>  |   |  |
| Facility  | \$250 copayment per admission <sup>5</sup>        | 50%, after deductible <sup>6</sup>                               |
| Physician/Surgeon   | 100%  | 50%, after deductible  |
| <b>INPATIENT HOSPITAL DAYS</b>  | Unlimited   | 70 <sup>6</sup>  |
| <b>OUTPATIENT SURGERY</b>   |   |  |
| Facility  | \$100 copayment                                   | 50%, after deductible  |
| Physician/Surgeon   | 100%  | 50%, after deductible  |
| <b>EMERGENCY ROOM</b>   | \$100 copayment<br>(copayment waived if admitted) | \$100 copayment, no deductible<br>(copayment waived if admitted) |
| <b>URGENT CARE CENTER</b>   | \$24 copayment                                    | 50%, after deductible  |
| <b>AMBULANCE</b>  |   |  |
| Emergency   | 100%  | 100%, no deductible  |
| Non-Emergency   | 100%  | 50%, after deductible  |
| <b>OUTPATIENT X-RAY/RADIOLOGY<sup>7</sup></b>   |   |  |
| Routine Radiology/Diagnostic  | 100%  | 50%, after deductible  |
| MRI/MRA, CT/CTA Scan, PET Scan  | 100%  | 50%, after deductible  |
| <b>THERAPY SERVICES</b><br><i>60 consecutive days per condition covered, subject to significant improvement</i> |   |  |
| Physical, Speech and Occupational   | 100%  | 50%, after deductible  |
| Cardiac Rehabilitation  | 100%  | 50%, after deductible  |
| Pulmonary Rehabilitation  | 100%  | 50%, after deductible  |
| <b>SPINAL MANIPULATIONS</b><br><i>100 visits per year</i>   | 100%  | 50%, after deductible  |
| <b>ORTHOPTIC/PLETOPTIC THERAPY</b><br><i>8 sessions per lifetime</i>  | 100%  | 50%, after deductible  |
| <b>ALLERGY INJECTIONS</b><br><i>(Office visit copayment waived if no office visit is charged)</i>               | 100%  | 50%, after deductible  |
| <b>INJECTABLE MEDICATIONS</b>   |   |  |
| Standard Injectables <sup>8</sup>   | 100%  | 50%, after deductible  |
| Biotech/Specialty Injectables   | 100%  | 50%, after deductible  |
| <b>CHEMO/RADIATION/DIALYSIS</b>   | 100%  | 50%, after deductible  |
| <b>SKILLED NURSING FACILITY</b>   | 100%<br>180 days per year                         | 50%, after deductible<br>240 days per year                       |
| <b>HOSPICE</b>  | 100%  | 50%, after deductible  |
| <b>HOME HEALTH CARE</b>   | 100%  | 50%, after deductible  |
| <b>DURABLE MEDICAL EQUIPMENT</b>  | 100%  | 50%, after deductible  |
| <b>PROSTHETICS</b>  | 100%  | 50%, after deductible  |

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5 Copayment waived if readmitted within 10 days of discharge for any condition.

6 Inpatient hospital day limit combined for all self-referred inpatient medical, maternity, mental health, serious mental illness, substance abuse and detoxification services.

7 Copayment not applicable when service performed in Emergency Room or office setting.

8 Office visit subject to copayment.

9 Individuals diagnosed by a physician with Anorexia & Bulimia are eligible for 6 additional visits per year.

To receive maximum benefits, services must be provided or referred by your Keystone Primary Care Physician. This is a highlight of benefits available. The benefits and exclusions for Referred Care and Self-Referred Care are not the same. All benefits are provided in accordance with the HMO group contract and self-referred benefit booklet/certificate.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations

| Benefit                            | Referred                                   | Self-Referred <sup>1</sup>         |
|------------------------------------|--|------------------------------------|
| <b>MENTAL HEALTH CARE</b>          |  |                                    |
| Outpatient                         | \$25 copayment                             | 50%, after deductible              |
| Inpatient                          | \$250 copayment per admission <sup>5</sup> | 50%, after deductible <sup>6</sup> |
| <b>SERIOUS MENTAL ILLNESS CARE</b> |  |                                    |
| Outpatient                         | \$25 copayment                             | 50%, after deductible              |
| Inpatient                          | \$250 copayment per admission <sup>5</sup> | 50%, after deductible <sup>6</sup> |
| <b>SUBSTANCE ABUSE TREATMENT</b>   |  |                                    |
| Outpatient/Partial Facility Visits | \$25 copayment                             | 50%, after deductible              |
| Inpatient Rehabilitation           | \$250 copayment per admission <sup>5</sup> | 50%, after deductible <sup>6</sup> |
| Detoxification                     | \$250 copayment per admission <sup>5</sup> | 50%, after deductible <sup>6</sup> |

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### What Is Not Covered?

- Services not medically necessary
- Service or supplies that are experimental or investigative, except routine costs associated with qualifying clinical trials and when approved by Keystone Health Plan East
- Hearing aids, hearing examinations/tests for the prescription/fitting of hearing aids, and cochlear electromagnetic hearing devices
- Assisted fertilization techniques, such as in-vitro fertilization, GIFT, and ZIFT
- Reversal of voluntary sterilization
- Expenses related to organ donation for non-member recipients
- Acupuncture
- Dental care, including dental implants and nonsurgical treatment of temporomandibular joint syndrome (TMJ)
- Music therapy, equestrian therapy, and hippotherapy
- Treatment of sexual dysfunction not related to organic disease, except for sexual dysfunction resulting from an injury
- Routine foot care, unless medically necessary or associated with the treatment of diabetes
- Foot orthotics, except for orthotics and podiatric appliances required for the prevention of complications associated with diabetes
- Cranial prostheses, including wigs intended to replace hair
- Routine physical exams for non-preventive purposes such as insurance or employment applications, college, or premarital examinations
- Immunizations for travel or employment
- Services or supplies payable under Workers' Compensation, Motor Vehicle Insurance, or other legislation of similar purpose
- Cosmetic services/supplies
- Self-injectable drugs
- Alternative therapies/complementary medicine

This summary represents only a partial listing of benefits and exclusions of the Keystone Point-of-Service program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. This managed care plan may not cover all of your health care expenses. Read your HMO group contract/member handbook and self-referred group health benefits booklet/certificate carefully to determine which health care services are covered. If you need more information, please call 1-800-ASK-BLUE (TTY: 711).

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.