



February

2023

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p> <p>Breakfast is FREE for all students.</p> <p>A free breakfast is made up of at least three items; one of those items MUST be a fruit or fruit juice.</p> <p>Students who do not take the required components will be charged a la carte pricing</p> <p>Menus are subject to change without notice.</p>
		<p>1</p> <p>Pancakes</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	<p>2</p> <p>Pancakes</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	<p>3</p> <p>Pancakes</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	
<p>6</p> <p>French Toast</p> <p>Poptart</p> <p>100% Juice 1% White Milk</p>	<p>7</p> <p>French Toast</p> <p>Poptart</p> <p>100% Juice 1% White Milk</p>	<p>8</p> <p>French Toast</p> <p>Poptart</p> <p>100% Juice 1% White Milk</p>	<p>9</p> <p>French Toast</p> <p>Poptart</p> <p>100% Juice 1% White Milk</p>	<p>10</p> <p>French Toast</p> <p>Poptart</p> <p>100% Juice 1% White Milk</p>	
<p>13</p> <p>Bagel w/ Spread</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	<p>14</p> <p>Bagel w/ Spread</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	<p>15</p> <p>Bagel w/ Spread</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	<p>16</p> <p>Bagel w/ Spread</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	<p>17</p> <p>Bagel w/ Spread</p> <p>Assorted Cereal</p> <p>100% Juice 1% White Milk</p>	
<p>20</p> <p><u>NO SCHOOL</u></p>	<p>21</p> <p><u>NO SCHOOL</u></p>	<p>22</p> <p>Waffles</p> <p>Muffin</p> <p>100% Juice 1% White Milk</p>	<p>23</p> <p>Waffles</p> <p>Muffin</p> <p>100% Juice 1% White Milk</p>	<p>24</p> <p>Waffles</p> <p>Muffin</p> <p>100% Juice 1% White Milk</p>	
<p>27</p> <p>Breakfast Sandwich</p> <p>Cereal Bar</p> <p>100% Juice 1% White Milk</p>	<p>28</p> <p>Breakfast Sandwich</p> <p>Cereal Bar</p> <p>100% Juice 1% White Milk</p>				





February 2022

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Hotdog	2 Chicken Parmesan Sandwich	3 Meatlovers Pizza	Special News... <u>Daily Grill Line</u> Chicken Tenders Chicken Nuggets Breaded Chicken Patty Sandwich Spicy Chicken Patty Sandwich Hamburger or Cheeseburger <u>Daily Pizza Line</u> Cheese Pepperoni <u>Daily Deli Line</u> Sliced Bread, WG Wrap, or Mini Sub Roll, Turkey or Ham Sliced Chicken Salad, Tuna Salad, or Egg Salad *one option will be served daily American, Pepper Jack or Provolone cheese Lettuce, Tomato, Onion, Pickles Variety of Premade Salads <small>Menus are subject to change without notice.</small>
6 Fish & Fries	7 Chicken & Mozzarella Panini	8 Buffalo Chicken Wrap	9 Breakfast Waffles & Sausage	10 Sausage Pizza	
13 Maxsticks	14 Mac & Cheese	15 Sloppy Joe	16 Cheesesteak	17 Cheese Fry Pizza	
20 <u>NO SCHOOL</u>	21 <u>NO SCHOOL</u>	22 French Toast & Sausage	23 Corndog	24 Buffalo Chicken Pizza	
27 Penne & Meatballs	28 Soft Shell Beef Tacos				

Lunch is available daily for all students to purchase

All Meals will be served with either 4oz. of fruit or vegetable to follow USDA Guidelines for what makes a meal. Milk served is 1% white milk and nonfat chocolate milk.
A la Carte Pricing also available.

