



September 2023

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Daily vegetable M- Baby carrot Tu- Mixed Veg. W-Baked beans Th-Grape tomato F-Sliced Cucumber		30 Turkey Chef Salad	31 Turkey Chef Salad	1 Buffalo Chicken Pizza Turkey Chef Salad	Special News... Daily Grill Line: Chicken Tenders Chicken Nuggets Breaded Chicken Patty Sandwich Spicy Chicken Patty Sandwich Hamburger or Cheeseburger Daily Pizza Line: Cheese Pepperoni Daily Deli Line: Premade Sandwiches Served on either sliced bread, wholegrain wrap, or mini sub roll. Turkey & Cheese Ham & Cheese Daily premade salads: Salad of the week and Garden salad w/ Egg Menus are subject to change without notice.
4 No school	5 Maxsticks Caesar Salad	6 Hotdog Caesar Salad	7 Penne & Meatballs Caesar Salad	8 Cheese Fry Pizza Caesar Salad	
11 Grilled ham & cheese Ham Chef Salad	12 Macaroni & cheese Ham Chef Salad	13 French toast & sausage Ham Chef Salad	14 Chicken parm sandwich Ham Chef Salad	15 Sausage Pizza Ham Chef Salad	
18 Bacon cheeseburger Caesar Salad	19 Soft Shell Tacos Caesar Salad	20 Beef & cheese tots Caesar Salad	21 Chicken Caesar Wrap w/fries Caesar Salad	22 BBQ Chicken Pizza Caesar Salad	
25 No school	26 Chicken & cheese nachos Turkey Chef Salad	27 Beef cheese steak Turkey Chef Salad	28 Corndog Turkey Chef Salad	29 Meat lovers Pizza Turkey Chef Salad	

All Meals will be served with either 4oz. of fruit or vegetable to follow USDA Guidelines for what makes a meal.
 Students who do not take the required components will be charged a la carte pricing.
 Milk served is 1% white milk and nonfat chocolate milk.

