

January 2019

Neshaminy High School Breakfast Menu

Daily Fruit Options Orange

> Mixed Fruit Banana Apple Sauce Fresh Blueberries

Apples Daily Cold Breakfast Options

Assorted Cereal, Graham Crackers, Assorted Bagels, Assorted Cereal Bar, String Cheese, Assorted Yogurt and Hard Boiled Eggs.

Daily Hot Breakfast Options

Egg and Cheese English Muffin, Sausage and Cheese English Muffin, Hash Brown Potatoes, Cheese Omelet and French Toast Sticks

Bacon Egg and Cheese Bagel Southwest Strata Powdered Sugar Doughnut Scrambled Eggs w/ Sausage & Cheese Huevos Rancheros

Cherry Frudel Spanish Frittata Maple Glazed Doughnut Scrambled Eggs w/ Sausage & Cheese Cheesy Sausage & Egg Breakfast Burrito

Cherry Frudel Spanish Frittata Maple Glazed Doughnut Scrambled Eggs w/ Sausage & Cheese Cheesy Sausage & Egg Breakfast Burrito

Apple Frudel Sausage Egg Cheese Frittata Pumpkin Spice Glazed Doughnut Scrambled Eggs w/ Sausage & Cheese Cheesy Sausage & Egg Breakfast Burrito

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Breakfast Available Daily for all Students

Choice of Skim Chocolate, Skim Strawberry, Skim plain or 1% Plain Milk available Daily

This institution is an equal opportunity provider.

Neshaminy School District Free and Reduced Meal Application Information as well as nutritional information please visit



www.neshaminy.org/1c on/schoollunches

Student Must Take A Fruit or Vegetable and two other items

Reimbursable Meal for Breakfast Student Must Take A Fruit or Juice and two

Reduced Price: \$0.30 Paid price: \$1.60







January 2019

Neshaminy High School Lunch Menu









Tortilla Fresh Mex

Tortilla, a fresh Mexican concept, creates a distinctive dining experience through imagery and fresh ingredients. Tortilla is about being authentic-no doubt about it—and nothing says that more than great-tasting Fresh Mex. Savor the authenticity with burritos, nachos, tacos, faiitas, and quesadillas that are prepared daily with fresh ingredients.

Burritos, Taco and Nachos Built to Order Look for these fresh ingredient daily

Flour tortilla, Baked tortilla Chips Beef, Chicken Fajita, Roasted Pork, Pinto, Refried, Black Beans Cheddar Cheese Shreds, Shredded Romaine & Diced Tomatoes Onions with Cilantro, Assorted Salsa & Pico De Gallo, Cilantro Lime Rice, Santa fe Rice, Sour Cream, Slice Jalapenos Cheese sauce

Green St. Deli



The Green Street Deli is about bold flavors and fresh ingredients, built on a sub roll that is baked daily, or perhaps rolled in a whole wheat tortilla wrap. Make your deli choice outrageous by having it toasted or topping it with one of our tasty spreads!

Sandwiches and Hoagies Built to Order Look for these fresh ingredient daily

Sliced Bread, Fresh Baked Hoagie Roll, Pretzel roll, Flat Bread, Turkey, Ham Roast Beef, American Cheese, Swis Cheese, Cheddar Cheese, Pepper Jack Cheese, Provolone Cheese, Diced Chicken, Chicken salad, Tuna Salad, Lettuce Tomato, Onion, Banana Peppers, Pickles and assorted signature spreads

Custom Bro's Grill Co.

Try Our New

Burgers, Chicken Sandwiches Built to Order Look for these fresh ingredient daily



Flame Broiled Sandwiches

Fresh off NHS New Flame Broiler

Burgers, chicken and veggies grilled fresh for you!

Beef Burgers, Cheese Steak, Crispy Chicken Filet, Hot and Spicy Chicken Filet, Chicken Tenders, Roasted Chicken, American Cheese, Swiss Cheese, Provolone Cheese, Paper Jack Cheese, Cheddar Cheese, lettuce, Tomato, Onion, Banana Peppers Pickles, Our Signature Spreads.

Corner Crust Pizza



Corner Crust Original Pizza brings your favorite corner pizza shop to school. We offer classic items with innovative flavors, made fresh daily. Students can add their own twists to their items at our "shaker station" where they can customize their meal with a variety of herbs and seasonings.

Pizza and Calzones made hot and fresh Look for these fresh items daily

Cheese Pizza, Pepperoni, Buffalo Chicken Pizza, Veggie Pizza on a Whole Grain Crust

Monday- Meat Lovers Pizza- Vegetarian Stromboli Tuesday- Bruschetta Pizza- Spicy Peperoni Calzon Wednesday- BBQ Chicken Pizza- Beef meatball Calzone Thursday- Sausage Pizza- Buffalo Chicken Calzone Friday- Spinach Feta Pizza- Ham & Roasted Onion Calzone

CHOP'D & TOP'D Salad Bar



Chop's and Top's brings the farm straight to your fork! We focus on offering only the freshest ingredients and enormous variety to allow you to be the creator of your own master piece salad.

Build your own salad and top it your way Look for these fresh ingredient daily

Chopped romaine, kale, spinach, shredded carrots, celery, corn, cucumber, peas, broccoli, bell pepper, tomatoes, olives, diced chicken, ham, cheddar, pepper jack, chick peas, red beats, cottage cheese and more!

Dressings: Ranch, Thousand Island, Italian, French, and

Grab and Go

Chicken Caesar Salad, Egg Chef Salad, Ham Chef Salad, Popcorn Chicken salad, Celery Sticks with Baby Carrots and Hummus, Hard Boiled Egg, Cheddar Cheese Cubes, Cheese Stick, Assorted Crackers, Sun Butter & Jelly Sandwich

Vegetables & Sides Offered Daily On Each of Our Signature stations

French Fries, Coleslaw, Mexicali Corn Salad, Black Bean and Tomato salad, Tossed salad, Three Bean Salad, Potato Salad, Baby Carrots, Cherry Tomatoes

Check Here For our Monthly Specials October-May

Neshaminy School District Free and Application 回絡総回

/ww.neshaminy.org/1c on/schoollunches

Walking Taco Chili With Doritos, Shredded Cheese and White Bean Chicken Chili January 7th-11th



Cheesy Bread Chili with Garlic Cheese Ciabatta and

Spicy Beef Chili January 14th - 18th



Don't Forget. Students must re-apply for free and reduced lunch every year. Applications for the new year will be available on-line July 1st.
Fruit Offered Daily On Each Of Our Signature Stations

100% Juice, Apples, Oranges, Banana, Blueberries, Fruit Cup

Milk Offered Daily 1% Milk Skim Chocolate

Skim Strawberry Skim Milk

Breakfast Available Daily for all Students

This institution is an equal opportunity provider



Menu is subject to change

Lunch Price: Paid \$3.10. Reduced \$0.40