



May 2023

Middle School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1	Pancake Muffin 100% Juice 1% White Milk	2	Pancake Muffin 100% Juice 1% White Milk	3	Pancake Muffin 100% Juice 1% White Milk	4	Pancake Muffin 100% Juice 1% White Milk	5	Pancake Muffin 100% Juice 1% White Milk	
8	French Toast Poptart & graham cracker 100% Juice 1% White Milk	9	French Toast Poptart & graham cracker 100% Juice 1% White Milk	10	French Toast Poptart & graham cracker 100% Juice 1% White Milk	11	French Toast Poptart & graham cracker 100% Juice 1% White Milk	12	French Toast Poptart & graham cracker 100% Juice 1% White Milk	
15	Breakfast Sandwich Assorted Cereal w/ graham cracker 100% Juice 1% White Milk	16 No school		17	Breakfast Sandwich Assorted Cereal w/ graham cracker 100% Juice 1% White Milk	18	Breakfast Sandwich Assorted Cereal w/ graham cracker 100% Juice 1% White Milk	19	Breakfast Sandwich Assorted Cereal w/ graham cracker 100% Juice 1% White Milk	
22	Waffle Cereal Bar 100% Juice 1% White Milk	23	Waffle Cereal Bar 100% Juice 1% White Milk	24	Waffle Cereal Bar 100% Juice 1% White Milk	25	Waffle Cereal Bar 100% Juice 1% White Milk	26	Waffle Cereal Bar 100% Juice 1% White Milk	
29 No school		30	French Toast Poptart & graham cracker 100% Juice 1% White Milk	31	French Toast Poptart & graham cracker 100% Juice 1% White Milk					

Special News...

Breakfast is FREE for all students.

A free breakfast is made up of at least three items; one of those items MUST be a fruit or fruit juice.

Students who do not take the required components will be charged a la carte pricing.

Menus are subject to change without notice.





May 2023

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Chicken Quesadilla Turkey Chef Salad	2 Popcorn Mashed Potato Bowl Turkey Chef Salad	3 Cheesesteak Turkey Chef Salad	4 Bacon Cheeseburger Turkey Chef Salad	5 Sausage Pizza Turkey Chef Salad	Special News... <u>Daily Grill Line</u> Chicken Tenders Chicken Nuggets Breaded Chicken Patty Sandwich Spicy Chicken Patty Sandwich Hamburger or Cheeseburger <u>Daily Pizza Line</u> Cheese Pepperoni <u>Daily Deli Line</u> Variety of Premade Sandwiches Such as: Turkey & Cheese Ham & Cheese Chicken Salad Tuna Salad Egg Salad Served on either sliced bread, wholegrain wrap or mini sub roll. * Options will vary daily <u>Premade salads</u> Salad of the week and Garden salad w/ Egg
8 Mac & Cheese Caesar Salad	9 Chicken & Waffle Caesar Salad	10 Chicken Nachos Caesar Salad	11 Corndog Caesar Salad	12 Cheese Fry Pizza Caesar Salad	
15 Maxsticks Ham Chef Salad	16 No school	17 Sweet & Sour Chicken over Rice Ham Chef Salad	18 Italian Hoagie Ham Chef Salad	19 BBQ Chicken Pizza Ham Chef Salad	
22 Penne & Meatballs Caesar Salad	23 Soft Shell Tacos Caesar Salad	24 Breakfast Taco Caesar Salad	25 Grilled Cheese Caesar Salad	26 Buffalo Chicken Pizza Caesar Salad	
29 No school	30 Hotdog Turkey Chef Salad	31 French Toast & Sausage Turkey Chef Salad		Daily vegetable M- Baby carrot Tues- Mixed Veg. W-Baked beans Th-Grape tomato F-Sliced Cucumber	

Lunch is available daily for all students to purchase.

All Meals will be served with either 4oz. of fruit or vegetable to follow USDA Guidelines for what makes a meal. Milk served is 1% white milk and nonfat chocolate milk.
 A la Carte Pricing also available.

