



March 2023

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Sandwich Cereal Bar 100% Juice 1% White Milk	2 Breakfast Sandwich Cereal Bar 100% Juice 1% White Milk	3 Breakfast Sandwich Cereal Bar 100% Juice 1% White Milk
6 Pancake Cereal 100% Juice 1% White Milk	7 Pancake Cereal 100% Juice 1% White Milk	8 Pancake Cereal 100% Juice 1% White Milk	9 Pancake Cereal 100% Juice 1% White Milk	10 Pancake Cereal 100% Juice 1% White Milk
13 French Toast Poptart 100% Juice 1% White Milk	14 French Toast Poptart 100% Juice 1% White Milk	15 French Toast Poptart 100% Juice 1% White Milk	16 French Toast Poptart 100% Juice 1% White Milk	17 French Toast Poptart 100% Juice 1% White Milk
20 Bagel w/ Spread Assorted Cereal 100% Juice 1% White Milk	21 Bagel w/ Spread Assorted Cereal 100% Juice 1% White Milk	22 Bagel w/ Spread Assorted Cereal 100% Juice 1% White Milk	23 Bagel w/ Spread Assorted Cereal 100% Juice 1% White Milk	24 Bagel w/ Spread Assorted Cereal 100% Juice 1% White Milk
27 Waffles Muffin 100% Juice 1% White Milk	28 Waffles Muffin 100% Juice 1% White Milk	29 Waffles Muffin 100% Juice 1% White Milk	30 Waffles Muffin 100% Juice 1% White Milk	31 Waffles Muffin 100% Juice 1% White Milk

Special News...

Breakfast is FREE for all students.

A free breakfast is made up of at least three items; one of those items **MUST** be a fruit or fruit juice.

Students who do not take the required components will be charged a la carte pricing.

Menus are subject to change without notice.





March 2023

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Daily vegetable M- Baby carrot Tues- Mixed Veg. W-Baked beans Th-Grape tomato F-Sliced Cucumber</p>		<p>1 Hotdog</p>	<p>2 Cheese and Potato Pierogis w/ sour cream</p>	<p>3 Meatlovers Pizza</p>	<p>Special News...</p> <p>Daily Grill Line Chicken Tenders Chicken Nuggets</p> <p>Breaded Chicken Patty Sandwich Spicy Chicken Patty Sandwich Hamburger or Cheeseburger</p> <p>Daily Pizza Line Cheese Pepperoni</p> <p>Daily Deli Line Sliced Bread, WG Wrap, or Mini Sub Roll Turkey or Ham Sliced</p> <p>Chicken Salad, Tuna Salad, or Egg Salad *One option will be served daily American, Pepper Jack or Provolone cheese</p> <p>Variety of Premade Salads</p> <p><small>Menus are subject to change without notice.</small></p>
<p>6 Tender, biscuit, fries and coleslaw basket</p>	<p>7 Egg & Cheese Bagel</p>	<p>8 Beef & Cheese Tots</p>	<p>9 Buffalo Chicken Cheesesteak</p>	<p>10 Sausage Pizza</p>	
<p>13 Maxsticks</p>	<p>14 Mac & Cheese</p>	<p>15 Chicken Parmesan Sandwich</p>	<p>16 Bacon Grilled Cheese</p>	<p>17 Cheese Fry Pizza</p>	
<p>20 Salisbury Steak w/ Mashed potatoes & Green Beans</p>	<p>21 Chicken Quesadilla</p>	<p>22 Belgium Waffles & Strawberries</p>	<p>23 Corndog</p>	<p>24 Buffalo Chicken Pizza</p>	
<p>27 Chicken & Cheese Nachos</p>	<p>28 Soft Shell Beef Tacos</p>	<p>29 Cowboy Burger</p>	<p>30 Chicken Alfredo</p>	<p>31 BBQ Chicken Pizza</p>	

Lunch is available daily for all students to purchase. All Meals will be served with either 4oz. of fruit or vegetable to follow USDA Guidelines for what makes a meal. Milk served is 1% white milk and nonfat chocolate milk. A la Carte Pricing also available.
*Free - \$0.00, Reduced - \$0.40, Paid - \$3.35

