



January

Neshaminy Middle School
Breakfast Menu

2019

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Fruit and Milk Options				
100% Apple Juice Fresh Apple Diced Pears	100% Tropical Punch Juice Fresh Banana Mixed Fruit	100% Orange Juice Blueberries Apple Sauce	100% Tropical Punch Juice Fresh Banana Mandarin Oranges	100% Apple Juice Fresh Apple Diced Peaches
Daily Cold Breakfast Options (Pick Two)				
Choose any two items!				or Pick One
Cinnamon Toast Crunch Cereal, Lucky Charms Cereal, Cocoa Puff Cereal, Teddy Graham Crackers, Animal Crackers, Plain Bagel, Cheese Stick, Yogurt, Cinnamon Pop-Tart, Strawberry Pop-Tart				
	1 New Year's Day	2 Turkey Pancake Wrap Egg Omelets w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	3 Turkey Pancake Wrap Egg Omelets w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	4 Turkey Pancake Wrap Egg Omelets w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
7 Scrambled Eggs w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	8 Scrambled Eggs w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	9 Scrambled Eggs w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	10 Scrambled Eggs w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	11 Scrambled Eggs w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
14 Scrambled Eggs w/ Cheese Pancakes Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	15 Scrambled Eggs w/ Cheese Pancakes Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	16 Scrambled Eggs w/ Cheese Pancakes Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	17 Scrambled Eggs w/ Cheese Pancakes Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	18 Scrambled Eggs w/ Cheese Pancakes Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
21 Martin Luther King Day	22 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	23 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	24 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	25 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
28 French Toast Sticks Scrambled Eggs w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	29 French Toast Sticks Scrambled Eggs w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	30 French Toast Sticks Scrambled Eggs w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	31 French Toast Sticks Scrambled Eggs w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	
Choice of Skim Chocolate, Skim Strawberry, Skim plain or 1% Plain Milk available Daily				

Reimbursable for Lunch
Student Must Take A Fruit
or Vegetable and two other
items

Reimbursable Meal for
Breakfast
Student Must Take A Fruit
or Juice and two other items

Menu is subject to change

Neshaminy School District
Free and Reduced Meal
Application
Information as well as
nutritional information
please visit



www.neshaminy.org/1con/s
choollunches

Reduced Price: \$0.30
Paid price: \$1.60

Breakfast Available Daily for all Students

All bread components are WG Rich



www.facebook.com/groups/NeshaminyCafe

This institution is an equal opportunity provider.





January 2019

Neshaminy Middle School Lunch Menu

Daily Fruit				
100% Apple Juice Fresh Apple Diced Pears	100% Tropical Punch Juice Fresh Banana Mixed Fruit	100% Orange Juice Blueberries Apple Sauce	100% Tropical Punch Juice Fresh Banana Mandarin Oranges	100% Apple Juice Fresh Apple Diced Peaches
Daily Grill Station Options Built to Order				
Golden Crispy Chicken Tenders or Nuggets Breaded Chicken Patty Spicy Breaded Chicken Patty Hamburger, Cheese Burger Romaine Lettuce Leaf, Tomato, Onion Slices, Jalapenos, Banana Peppers & Pickle Slices				
Daily Pizza Station				
Cheese Pizza/ Pepperoni Pizza				
Daily Deli /Salad Station Options Built to Order				
Sliced Bread, WG Wrap, Mini Sub Roll Turkey & Ham Sliced Chicken Salad, Tuna Salad, Egg Salad Swiss, American & Pepper Jack Cheese Romaine Lettuce Leaf, Tomato, Onion Slices, Jalapenos, Banana Peppers & Pickle Slices				
Home Entree Station				
	1 New Year's Day	2 Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Fresh Baby Carrots Garden Salad Chicken Caesar Salad Tuna Hoagie	3 Mini Corn Dogs Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	4 Free snack with Meal Chicken Alfredo W/ Penne Pasta Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie
7	8	9	10	11
Walking Taco Chili <i>With Doritos, Shredded Cheese and White Bean Chicken Chili</i>				
Corn Dog Steamed Green Peas Fresh Grape Tomatoes Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Black Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Fresh Baby Carrots Garden Salad Chicken Caesar Salad Tuna Hoagie	Jalapeno Cheese Burger on a bun Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Buffalo Chicken Patty Sandwich Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef Salad Turkey & Cheese Hoagie
14	15	16	17	18
Cheesy Bread Chili <i>With Garlic Cheese Ciabatta and Spicy Beef Chili</i>				
French Toast Sticks Chicken Sausage Patty Steamed Green Peas Fresh Grape Tomatoes Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Black Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Fresh Baby Carrots Garden Salad Chicken Caesar Salad Tuna Hoagie	BBQ Cheese Burger On a Bun Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Orange Chicken With Rice Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie
21	22	23	24	25
	Free snack with Meal Soft Shell Tacos Black Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Fresh Baby Carrots Garden Salad Chicken Caesar Salad Tuna Hoagie	Hot Dog On a Bun Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Macaroni and Cheese Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie
28	29	30	31	
Penne w/ Meatballs Steamed Green Peas Fresh Grape Tomatoes Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Black Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Fresh Baby Carrots Garden Salad Chicken Caesar Salad Tuna Hoagie	Bacon Cheese Burger On a Bun Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Free Snack with every Complete Lunch! Includes cookie, pretzel, chips, water, fruit, vegetables or ice cream 1/4, 1/9 & 1/22

Reimbursable for Lunch
Student Must Take A Fruit or Vegetable and two other items

Reimbursable Meal for Breakfast
Student Must Take A Fruit or Juice and two other items

Menu is subject to change

Neshaminy School District Free and Reduced Meal Application
Information as well as nutritional information please visit



www.neshaminy.org/1con/schoollunches

Salads, Chicken tenders, chicken nuggets include choice of a Dinner roll



Lunch Price: Paid \$3.10, Reduced \$0.40

All bread components are WG Rich



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