



March

Neshaminy Middle School
Breakfast Menu

2019

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Fruit and Milk Options				
100% Apple Juice Fresh Apple Diced Pears	100% Tropical Punch Juice Fresh Banana Pineapple	100% Orange Juice Blueberries Apple Sauce	100% Tropical Punch Juice Fresh Banana Mandarin Oranges	100% Apple Juice Fresh Apple Diced Peaches
Daily Cold Breakfast Options (Pick Two)				
Cinnamon Toast Crunch Cereal, Lucky Charms Cereal, Cocoa Puff Cereal, Teddy Graham Crackers, Animal Crackers, Plain Bagel, Cheese Stick, Yogurt, Cinnamon Pop-Tart, Strawberry Pop-Tart				<div style="border: 1px solid red; padding: 2px; display: inline-block;"> <i>Pick One</i> Chocolate Chip Muffin, Blueberry Muffin, Oat Chocolate Benefit Bar, Banana Chocolate Benefit Bar, French Toast Benefit Bar </div>
				1 Turkey Pancake Wrap Egg Omelets w/ Cheese Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
4 Dr. Seuss' Birthday! Green Eggs & Ham Waffles	5 Ham & Cheese Frittata Waffles	6 Ham & Cheese Frittata Waffles	7 Ham & Cheese Frittata Waffles	8 Ham & Cheese Frittata Waffles
Breakfast is an important start to your day!! Come celebrate National School Breakfast Week with us everyday & receive a prize!				
Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
11 Scrambled Eggs w/ Cheese Pancakes Bacon, Egg & Cheese Bagel Egg & Cheese Bagel	12 Scrambled Eggs w/ Cheese Pancakes Bacon, Egg & Cheese Bagel Egg & Cheese Bagel	13 Scrambled Eggs w/ Cheese Pancakes Bacon, Egg & Cheese Bagel Egg & Cheese Bagel	14 Scrambled Eggs w/ Cheese Pancakes Bacon, Egg & Cheese Bagel Egg & Cheese Bagel	15 Scrambled Eggs w/ Cheese Pancakes Bacon, Egg & Cheese Bagel Egg & Cheese Bagel
18 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	19 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	20 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	21 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	22 Egg Omelets w/ Cheese Waffles Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
25 French Toast Sticks Spanish Frittata Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	26 French Toast Sticks Spanish Frittata Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	27 French Toast Sticks Spanish Frittata Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	28 French Toast Sticks Spanish Frittata Sausage, Egg & Cheese Bagel Egg & Cheese Bagel	29 French Toast Sticks Spanish Frittata Sausage, Egg & Cheese Bagel Egg & Cheese Bagel
Choice of Skim Chocolate, Skim Strawberry, Skim plain or 1% Plain Milk available Daily				

Choose any two items!

Reimbursable for Lunch
Student Must Take A Fruit
or Vegetable and two other
items

Reimbursable Meal for
Breakfast
Student Must Take A Fruit
or Juice and two other items

Menu is subject to change

Neshaminy School District
Free and Reduced Meal
Application
Information as well as
nutritional information
please visit



www.neshaminy.org/1con/s
choollunches

Reduced Price: \$0.30
Paid price: \$1.60

Breakfast Available Daily for all Students

All bread components are WG Rich



www.facebook.com/groups/NeshaminyCafe

This institution is an equal opportunity provider.





**March
2019**

**Neshaminy Middle School
Lunch Menu**

Daily Fruit				
100% Apple Juice Fresh Apple Diced Pears	100% Tropical Punch Juice Fresh Banana Pineapple	100% Orange Juice Blueberries Apple Sauce	100% Tropical Punch Juice Fresh Banana Mandarin Oranges	100% Apple Juice Fresh Apple Diced Peaches
Daily Grill Station Options Built to Order				
Golden Crispy Chicken Tenders or Nuggets Breaded Chicken Patty Spicy Breaded Chicken Patty Hamburger, Cheese Burger Romaine Lettuce Leaf, Tomato, Onion Slices, Jalapenos, Banana Peppers & Pickle Slices				
Daily Pizza Station				
Cheese Pizza/ Pepperoni Pizza				
Daily Deli /Salad Station Options Built to Order				
Sliced Bread, WG Wrap, Mini Sub Roll Turkey & Ham Sliced Chicken Salad, Tuna Salad, Egg Salad Swiss, American & Pepper Jack Cheese Romaine Lettuce Leaf, Tomato, Onion Slices, Jalapenos, Banana Peppers & Pickle Slices				
Home Entree Station				
				1 Chicken Alfredo W/ Penne Pasta Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie
4	5	6	7	8
Buzzer Beater Basket <i>Hot & Spicy Popcorn Chicken, Chicken Nuggets, French Fries, and a Breadstick</i>				
BBQ Pulled Pork Sandwich Steamed Peas & Carrots Fresh Baby Carrots Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Campfire Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Red Pepper Strips Garden Salad Chicken Caesar Salad Tuna Hoagie	Mini Corn Dogs Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Grilled Cheese Sandwich Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef Salad Turkey & Cheese Hoagie
11	12	13	14	15
Hang Time Basket <i>Chicken Tenders, French Fries, Coleslaw, and a Biscuit</i>				
French Toast Sticks Chicken Sausage Patty Tator Tots Fresh Baby Carrots Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Campfire Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Red Pepper Strips Garden Salad Chicken Caesar Salad Tuna Hoagie	Buffalo Chicken Sandwich Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Macaroni & Cheese Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie
18	19	20	21	22
BBQ Chicken Drum Stick w/ dinner roll Steamed Peas & Carrots Fresh Baby Carrots Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Campfire Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Red Pepper Strips Garden Salad Chicken Caesar Salad Tuna Hoagie	Hot Dog On a Bun Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Cheese Quesadilla Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie
25	26	27	28	29
Baked Ziti Steamed Peas & Carrots Fresh Baby Carrots Garden Salad Chicken Chef Salad Ham and Cheese Hoagie	Soft Shell Tacos Campfire Beans Fresh Broccoli Garden Salad Tukey Chef Salad Turkey & Cheese Hoagie	Free Snack with Meal Personal Pan Cheese Pizza or Pepperoni Pizza Tator Tots Red Pepper Strips Garden Salad Chicken Caesar Salad Tuna Hoagie	Bacon Cheese Burger On a Bun Baked Beans w/ Bacon Fresh Celery Sticks Garden Salad Ham Chef Salad Ham and Cheese Hoagie	Fish Sticks Sweet Golden Corn Fresh Sliced Cucumber Garden Salad Turkey & Ham Chef salad Turkey & Cheese Hoagie

Reimbursable for Lunch
Student Must Take A Fruit or Vegetable and two other items

Reimbursable Meal for Breakfast
Student Must Take A Fruit or Juice and two other items

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Free and Reduced Meal Application
Information as well as nutritional information please visit



www.neshaminy.org/1con/schoollunches

Salads, Chicken tenders, chicken nuggets include choice of a Dinner roll

**Lunch Price: Paid \$3.10,
Reduced \$0.40**

Free Snack with every Complete Lunch!
Includes cookie, pretzel, chips, water, fruit, vegetables or ice cream 3/27

All bread components are WG Rich



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