



March 2023

Buck County IU#22, School Aged Students, Everitt

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Breakfast Fruit Options that May be Offered and Milk				
Monday: Peach Cup Tuesday: Apple Sauce Cup Wednesday: Pear cup Thursday: Apple Slices Friday: Banana				
Daily Vegetable Choices				
Monday: Baby Carrot Tuesday: Green Beans Wednesday: Corn Thursday: Cucumber Slices Friday: Tater Tots				
Menu subject to change based on availability				
		1 Breakfast Cereal, Graham Cracker, Fruit and Milk LUNCH Grilled Cheese	2 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Chicken Parm Sandwich	3 Breakfast Yogurt, Fruit, Milk Lunch Cheese Pizza
6 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Corn Dogs	7 Breakfast Bagel with Spread, Fruit and Milk Lunch Cheese Burger	8 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Beef Nachos	9 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Chicken Tender	10 Breakfast Yogurt, Fruit, Milk Lunch Cheese Pizza
13 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Max Stix	14 Breakfast Bagel with Spread, Fruit and Milk Lunch Chicken Sandwich	15 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Turkey Hoagie	16 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Chicken Alfredo	17 Breakfast Yogurt, Fruit, Milk Lunch Cheese Pizza
20 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Spicy Chicken Sandwich	21 Breakfast Bagel with Spread, Fruit and Milk Lunch French Toast w/ Sausage	22 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Buffalo Chicken Cheesesteak	23 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Cheese Mac & Beef	24 Breakfast Yogurt, Fruit, Milk Lunch Cheese Pizza
27 NO SCHOOL	28 Breakfast Bagel with Spread, Fruit and Milk Lunch Chicken Nachos	29 Breakfast Cereal, Graham Cracker, Fruit and Milk Lunch Bacon, Egg & Cheese	30 Breakfast Cheese sticks, Graham Cracker, Fruit and Milk Lunch Fish Sticks	31 Breakfast Yogurt, Fruit, Milk Lunch Cheese Pizza

#SPILL!

Daily Lunch Choices:

- A - See Calendar
- B - Chicken Nuggets
- C - Cheeseburger
- D - Garden Salad

Milk

Breakfast - 1% plain

Lunch - Skim Chocolate



Menu Subject to Change

All bread components are WG Rich

This institution is an equal opportunity provider.

