



September 2022

Elementary School Breakfast Menu

		31 French Toast Sticks, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	1 French Toast Sticks, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	2 French Toast Sticks, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk
5 Labor Day NO SCHOOL	6 Mini Pancakes, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	7 Mini Pancakes, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	8 Mini Pancakes, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	9 Mini Pancakes, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk
12 Mini Waffles, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	13 Mini Waffles, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	14 Mini Waffles, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	15 Mini Waffles, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	16 Mini Waffles, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk
19 Bacon, Egg, & Cheese Bagel, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	20 Bacon, Egg, & Cheese Bagel, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	21 Bacon, Egg, & Cheese Bagel, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	22 Bacon, Egg, & Cheese Bagel, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	23 Bacon, Egg, & Cheese Bagel, Muffin Pack, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk
26 Rosh Hashanah NO SCHOOL	27 Rosh Hashanah NO SCHOOL	28 Donut Holes, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	29 Donut Holes, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk	30 Donut Holes, Bagel Bundle, Assorted Cereal Fresh Fruit or 100% Juice Choice of Milk

Breakfast available daily for all students to purchase
All Meals will be served with either 4oz. of fresh fruit or 100% fruit juice to follow USDA Guidelines for what makes a meal. A la Carte Pricing also available.

Menu is subject to change

Breakfast Packs:

The following options will be available in the breakfast pack and will vary with item availability

- Bagel Bundle – Plain Bagel, Mozzarella Cheese Stick, Light Cream Cheese Muffin Yogurt Pack – Assorted Muffin, Apple Slices, Mozzarella Cheese Stick, Assorted Danimals Yogurt Cup

***Offered Daily – Assorted Cereal, Assorted Yogurts**

September 2022

Elementary School Lunch Menu



31
**Hot Dog
Chicken Nuggets**
~~~~~  
Chef Salad w/ Ham  
Muffin Meal   
Cheese Sandwich  
Ham & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**1**  
**Cheese Pizza  
Chicken Nuggets**  
~~~~~  
Chef Salad w/ Ham
Muffin Meal
Cheese Sandwich
Ham & Cheese Hoagie
Sun butter & Jelly Pack
Choice of Milk

2
**Cheeseburger
Chicken Nuggets**
~~~~~  
Chef Salad w/ Ham  
Muffin Meal   
Cheese Sandwich  
Ham & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**7**  
**Grilled Cheese  
Chicken Tenders**  
~~~~~  
Chicken Caesar Salad
Pretzel Yogurt Pack
Cheese Sandwich
Chicken Salad Hoagie
Sun butter & Jelly Pack
Choice of Milk

8
**Pepperoni Pizza
Chicken Tenders**
~~~~~  
Chicken Caesar Salad  
Pretzel Yogurt Pack   
Cheese Sandwich  
Chicken Salad Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**9**  
**Chicken & Cheese  
Quesadilla  
Chicken Tenders**  
~~~~~  
Chicken Caesar Salad
Pretzel Yogurt Pack
Cheese Sandwich
Chicken Salad Hoagie
Sun butter & Jelly Pack
Choice of Milk

5
**Labor
Day
NO SCHOOL**

6
**Beef Soft Taco's
Chicken Tenders**
~~~~~  
Chicken Caesar Salad  
Pretzel Yogurt Pack   
Cheese Sandwich  
Chicken Salad Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**12**  
**French Toast Sticks  
w/ Sausage Patty  
Popcorn Chicken**  
~~~~~  
Garden Salad
Muffin Meal
Cheese Sandwich
Turkey & Cheese Hoagie
Sun butter & Jelly Pack
Choice of Milk

13
**Chicken Nacho's
Popcorn Chicken**
~~~~~  
Garden Salad  
Muffin Meal   
Cheese Sandwich  
Turkey & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**14**  
**Cheesy Baked  
Penne Pasta  
Popcorn Chicken**  
~~~~~  
Garden Salad
Muffin Meal
Cheese Sandwich
Turkey & Cheese Hoagie
Sun butter & Jelly Pack
Choice of Milk

15
**Cheese Pizza
Popcorn Chicken**
~~~~~  
Garden Salad  
Muffin Meal   
Cheese Sandwich  
Turkey & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**16**  
**Chicken Patty  
Sandwich  
Popcorn Chicken**  
~~~~~  
Garden Salad
Muffin Meal
Cheese Sandwich
Turkey & Cheese Hoagie
Sun butter & Jelly Pack
Choice of Milk

19
**Meatball Parm
Sandwich
Chicken Nuggets**
~~~~~  
Chef Salad w/ Ham  
Pretzel Yogurt Pack   
Cheese Sandwich  
Ham & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**20**  
**Chicken Soft Taco's  
Chicken Nuggets**  
~~~~~  
Chef Salad w/ Ham
Pretzel Yogurt Pack
Cheese Sandwich
Ham & Cheese Hoagie
Sun butter & Jelly Pack
Choice of Milk

21
**Mac & Cheese
Chicken Nuggets**
~~~~~  
Chef Salad w/ Ham  
Pretzel Yogurt Pack   
Cheese Sandwich  
Ham & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**22**  
**Sausage Pizza  
Chicken Nuggets**  
~~~~~  
Chef Salad w/ Ham
Pretzel Yogurt Pack
Cheese Sandwich
Ham & Cheese Hoagie
Sun butter & Jelly Pack
Choice of Milk

23
**Corndogs
Chicken Nuggets**
~~~~~  
Chef Salad w/ Ham  
Pretzel Yogurt Pack   
Cheese Sandwich  
Ham & Cheese Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**26**  
**Rosh  
Hashanah  
NO SCHOOL**

**27**  
**Rosh  
Hashanah  
NO SCHOOL**

**28**  
**Beef Totachos  
Chicken Tender**  
~~~~~  
Chicken Caesar Salad
Muffin Meal
Cheese Sandwich
Tuna Hoagie
Sun butter & Jelly Pack
Choice of Milk

29
**Cheese Pizza
Chicken Tender**
~~~~~  
Chicken Caesar Salad  
Muffin Meal   
Cheese Sandwich  
Tuna Hoagie  
Sun butter & Jelly Pack   
Choice of Milk

**30**  
**Cheese Steak  
Chicken Tender**  
~~~~~  
Chicken Caesar Salad
Muffin Meal
Cheese Sandwich
Tuna Hoagie
Sun butter & Jelly Pack
Choice of Milk

Lunch available daily to all students to purchase
All Meals will be served with 4oz fresh vegetable and either 4oz of fresh fruit or 100% fruit juice to follow USDA guidelines for what makes a meal.
Menu is subject to change

Lunch Meal Packs:
The following options will be available for lunch on selected days:
Pretzel Yogurt Pack – Soft Baked Pretzel, Assorted Danimals Yogurt Cup, Mozzarella String Cheese, Carrot Sticks or Celery Sticks
Muffin Yogurt Pack – Assorted Muffin, Apple Slices, Mozzarella Cheese Stick, Assorted Danimals Yogurt Cup
***Offered Daily – Assorted Fruits & Vegetables**