



SECTION:

513

TITLE: MEDICAL EXCUSAL FORM FROM  
PHYSICAL EDUCATION

# NESHAMINY SCHOOL DISTRICT

1	I.	By the State Department of Education mandate all students are expected to	1
2	PARTICIPATION	participate in regular or adapted physical education. All students in grades	2
3		1-12 must complete a planned course of physical education each year. In	3
4		grades 9-12 all students must earn a minimum of one credit in health and	4
5		physical education. An adapted physical education program may be	5
6		substituted for the regular physical education program for students who are	6
7		physically unable to participate in the regular program.	7
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9	II. EXCUSAL	<u>Elementary</u> - A note from the parent of the child must be presented to the	9
10	FROM	classroom teacher before school, and then given to the physical education	10
11	PHYSICAL	teacher before class for each day requested. Excessive parental excusal	11
12	EDUCATION	requests should be referred to the school nurse.	12
13		A note from a doctor must be presented if the child is to be excused for more	13
14		than two consecutive class periods from physical education. The doctor's	14
15		note must verify the extent of any injury or illness. A single doctor's note is	15
16		acceptable covering a chronic health condition which may periodically restrict	16
17		student participation.	17
18		The judgement of the certified staff can be exercised in obvious cases. In the	18
19		event the doctor indicates that the child cannot participate in physical	19
20		education for the entire year, a medical excuse, which must be renewed	20
21		annually, must be on file with the nurse.	21
22		<u>Secondary</u> - A note from the parent of the child must be presented to the	22
23		nurse before school for each day requested.	23
24		A note from the doctor must be presented to the nurse if the child is to be	24
25		excused from physical education for more than two class periods for one	25
26		calendar week. The doctor's note must verify the extent of any injury or	26
27		illness. A single doctor's note is acceptable covering a chronic health	27
28		condition which may periodically restrict student participation.	28
29		The judgement of the certified staff can be exercised in obvious cases.	29

1		In the event the doctor indicates that the child cannot participate in physical	1
2		education for the entire year a medical excuse, which must be renewed	2
3		annually, must be on file with the nurse.	3
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5	III. ADAPTED	<u>Elementary and Secondary</u> – The child should be placed appropriately in an	5
6	PHYSICAL	adapted physical education program if so prescribed by a doctor.	6
7	EDUCATION	Each child must have on file with the nurse a note from a doctor if activity in	7
8		physical education is to be limited. The note must indicate the amount, type of	8
9		activity allowed and length of time. A new note is required for each year.	9
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