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### **Neshaminy Head Football Coach Mike Frederick resigns**

LANGHORNE – Neshaminy High School Head Football Coach Mike Frederick tendered his resignation to school administrators in a letter Thursday, citing concerns that a recent change in his job would prevent him from having the flexibility to carry out the coaching duties moving forward.

Frederick thanked the district, the assistant coaches and the players for the opportunity to coach the team.

Football team members were informed of the decision during the school day.

Frederick was hired as head coach in April, 2014, replacing long-time NHS Head Football Coach Mark Schmidt. Frederick is a 1990 Neshaminy HS graduate who played collegiate football for the University of Virginia, and for the Ravens, Titans and Browns in the NFL.

According to Neshaminy High School Athletic Director Tom Magdelinkas, Frederick had returned to Neshaminy with some unique challenges, including the re-alignment of the Suburban One League that put some of the best schools in the same conference with Neshaminy. In addition, 18 of 22 starters graduated from the 2013 team, and to that end Frederick focused on player skill development which saw the team improve steadily throughout the 2014 season.

“Mike took on a student-first, player-first philosophy,” Magdelinkas said Thursday. “He was highly concerned with the emotional and social development of his players. He brought a tremendous amount of football knowledge, having played with some of the best coaches at the collegiate and professional level. He was able to communicate that knowledge in a positive, effective manner to his players.”

Frederick continued to work with players in the off-season, both with college recruitment efforts and actively working with Assistant Head Coach Steve Wilmot on player development.

“He will be sorely missed,” Magdelinkas said.

A search for a new Head Football Coach will begin immediately.